

02 SUNDAY	03 MONDAY	04 TUESDAY	05 WEDNESDAY	06 THURSDAY	07 FRIDAY	08 SATURDAY	09 SUNDAY	10 MONDAY	11 TUESDAY
<p>Continental Breakfast 8am - 10am Plantation House</p> <p>*\$Sunday Fun Day at the Farm 9am - 12pm The Farm</p> <p>*Keiki Lei Making 2:30pm - 3:30p Keiki Room</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>*\$Sunday Grilling 5pm - 8pm Makai Grill + Bar</p>	<p>*Tee Times Open to Golf Members Only 8am - 11am Golf Course</p> <p>Lunch/All Day Menu 11am - 7pm Makai Grill + Bar</p> <p>Happy Hour 4:30pm - 6pm Makai Grill + Bar</p> <p>Ala Kine Taco Bar 4:30pm - 7pm Makai Grill + Bar</p>	<p>Golf Course Power Walk 7am Greeter Stand</p> <p>Continental Breakfast 8am - 10am Plantation House</p> <p>** Feather Hui - Hawaiian Feather Crafting Group 9am - 10:30am Plantation House</p> <p>Men's Game 9:30am - Shotgun Start Golf Practice Range</p> <p>*\$Grow with Aloha by Irina Young Kukui'ula Rocks!!! 11am - 12:30pm Umeke Bistro Lanai</p> <p>*\$Beginner & Intermediate Tennis Clinic 3pm - 4pm Tennis Court</p> <p>Treat30 3:30pm - 4pm Plantation House</p> <p>Chef Brooke Williamson - Master Series 3:30pm - 5:30pm Plantation House</p> <p>Burgers, Brats, Beer + Bourbon 5pm - 8pm Plantation House</p>	<p>Continental Breakfast 8am - 10am Plantation House</p> <p>Paint and Sip w/ Carol Meckling 9am - 11am Plantation House Community Dining Table</p> <p>*\$Operation 36 2:00pm - 4:00pm Golf Course</p> <p>Hawaiian Quilting w/Pikake Works 2:30pm - 4:30pm Plantation House</p> <p>Treat30 3:30pm - 4pm Plantation House</p> <p>*\$Casual Wednesday Dinner 5pm - 8pm Umeke Kitchen + Bar</p>	<p>Continental Breakfast 8am - 10am Plantation House</p> <p>*\$Grow with Aloha by Irina Young Driftwood & Succulents 9am - 10:30am Umeke Bistro Lanai</p> <p>*\$Coastal Maha'ulepu Cycle w/ Jo 9am - 11:30am Meet at Bike Hale</p> <p>*\$Adult Tennis Clinic 10am-11am Tennis Courts</p> <p>*\$Ladies 9 Hole Stretch & Play 2pm - Stretch & Play 2:30pm - Tee Time Practice Range</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>*\$Keiki Pickleball Clinic (Ages 5-8) 4:15pm - 5pm Tennis Court</p> <p>*\$Keiki Pickleball Clinic (Ages 9 - 14) 5pm - 6pm Tennis Court</p> <p>*\$Chef's Table Featuring Chef Brooke 5:30pm Private Dining Hale</p>	<p>Golf Course Power Walk 7am / Meet at Greeter Stand</p> <p>Continental Breakfast 8am - 10am Plantation House</p> <p>*\$Adult Golf Clinic 9:00am - 10:00am Practice Range</p> <p>*\$Morning Sail on Kailele 9am - 10am Kukui'ula Harbor - \$85.00++ pp</p> <p>Na Mea Hawaii w/ Kahealani Hamakua - Lauhala Bracelet Weaving 9am - 10:30am Plantation House</p> <p>*\$Chef Brooke Cooking Class + Talk Story 11am - 2pm The Farm</p> <p>Na Mea Hawaii w/ Kahealani Hamakua - 'Olelo Makua - Hawaiian Language Class 12pm - 1pm Plantation House</p> <p>Keiki Slime Making 2pm-3pm Keiki Room</p> <p>*Pau Hana Paddle w/ 'Ike 'Ola / 2pm Paddle Out Kukui'ula Harbor</p> <p>*Haka Moa 3:00pm Golf Course</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>Aloha Friday Lei Making w/ Elvrine Chow 4pm - 5:30pm Plantation House Community Dining Table</p> <p>*\$Chop + Stix 5pm - 8pm Umeke Kitchen + Bar</p>	<p>Continental Breakfast 8am - 10am Plantation House</p> <p>*\$Pickleball Clinic 8am - 10am Pickleball Courts</p> <p>Golf Member Skins 8:30am Tee Times Golf Course \$25 Buy-In</p> <p>*\$Junior Golf Clinic (Ages 5-8) 10:30am-11:30am Practice Range</p> <p>*\$Keiki Tennis Clinic (Ages 9-14) 10:30am - 11:30am Tennis Court</p> <p>*\$Junior Golf Clinic (Ages 9-14) 11:30am-12:30pm Practice Range</p> <p>*\$Keiki Tennis Clinic (Ages 5-8) 11:30am - 12:30pm Tennis Court</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>*\$Pickleball - Open Play 4:00pm - 6:00pm Pickleball Courts</p>	<p>Continental Breakfast 8am - 10am Plantation House</p> <p>*\$Sunday Fun Day at The Farm 9am - 12pm The Farm</p> <p>*Easter Sunday Brunch 11am - 2pm Easter Egg Hunt 12:30pm Makai Grill + Bar</p> <p>*Keiki Lei Making 2:30pm - 3:30p Keiki Room</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>*\$Sunday Grilling 5pm - 8pm Makai Grill + Bar</p>	<p>*Tee Times Open to Golf Members Only 8am - 11am Golf Course</p> <p>Lunch/All Day Menu 11am - 7:00pm Makai Grill + Bar</p> <p>Happy Hour 4:30pm - 6pm Makai Grill + Bar</p> <p>Ala Kine Taco Bar & Dinner Menu 4:30pm - 7pm Makai Grill + Bar</p>	<p>Golf Course Power Walk 7am Greeter Stand</p> <p>Continental Breakfast 8am - 10am Plantation House</p> <p>*Na Mea Hawaii w/Robin Goss Make & Take Pua Hulu - Feather Flowers 9am - 10:30am Plantation House</p> <p>Men's Game 9:30am - Shotgun Start \$80 buy in. Golf Practice Range</p> <p>*\$Grow with Aloha by Irina Young Coco Frond Loom 11am - 12:30pm Umeke Bistro Lanai</p> <p>*\$Beginner & Intermediate Tennis Clinic 3pm - 4pm Tennis Court</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>Po'alu Member Mixer 4:00pm - Vendors 4:30pm - 6pm Pupus & Hula Presentation Plantation House</p>

HOURS OF OPERATION

The Clubhouse
8am - 8pm
Tuesday - Sunday
Closed Monday

The Farm
Daily
Opens at 7am*
*Closes at 5pm pm on Wednesday & Saturday

'Umeke Kitchen + Bar
Breakfast: 8am - 11am
Tuesday - Sunday
Closed Monday

Dinner: 5pm - 8pm
Tuesday - Sunday
Last Seating at 8pm

Makai Grill + Bar
Lunch: 11am - 4:30pm
Tuesday - Sunday
Sunday Grilling: 5pm
Monday: 11am - 7pm

Makai Pools
Daily
7am - Sunset
Towel Service Begins

Hi'ilani Fitness
Monday
8am - 5pm
Tuesday - Sunday
7am - 6pm

Hi'ilani Spa
Tuesday - Sunday
8am - 6pm

Golf Course
Golf Members Only
Monday: 8am - 11am
Tuesday - Sunday: 7:30am

Plantation Members & Lodge Guests
Tuesday - Friday: 12:40pm
Saturday & Sunday: 11:40am

Golf Practice Range
Tuesday - Sunday
7:00am - 6:00pm

Golf Clubhouse
Tuesday - Sunday
7:00am - 5:30pm

Bike Hale
Daily
8:00am - 5:00pm

*Activities and events denoted with an asterisk require an RSVP.
\$Activities and events denoted with a dollar symbol have an associated cost. **Activities/programs are subject to a 24-hour cancellation fee.**
To learn more or to make reservation, please email memberservices@kukuiula.com (for members) and guestservices@kukuiula.com (for lodge guests), or call (808-742-8000). Events and activity times are subject to changes or cancellation without notice.

HI'ILANI SPA + FITNESS

10-Day Calendar | April 2nd - April 11th

02 SUNDAY	03 MONDAY	04 TUESDAY	05 WEDNESDAY	06 THURSDAY	07 FRIDAY	08 SATURDAY	09 SUNDAY	10 MONDAY	11 TUESDAY
<p>*\$TRX Strength w/ Cynthia 9:30am–10:30am <i>Fitness Lanai</i></p> <p>*\$Slow Flow Yoga w/ Courtney M. 9:30am –10:30am <i>Movement Studio</i></p> <p>*\$Deep Stretch & Foam Roller w/ Cynthia 11am–12pm <i>Movement Studio</i></p> <p>*\$Aqua Tabata w/ Teri 11am–12pm <i>Spa Lap Pool</i></p> <p>*\$Yin Hatha Restorative Yoga Fusion w/ Joy 4pm–5:15pm <i>Movement Studio</i></p>	<p>*\$Fitness Center (Only) Open 8am–5pm</p> <p>*\$Therapeutic Yoga w/ Christina 9:30am–10:30am <i>Movement Studio</i></p>	<p>*\$Upper Body Strength Training w/ Cynthia 8am–9am <i>Fitness Lanai</i></p> <p>*\$Yoga Sculpt w/ Stefanie 8am–9am <i>Movement Studio</i></p> <p>*\$TRX & HIIT Interval Training w/ Cynthia 9:30am–10:30am <i>Fitness Lanai</i></p> <p>*\$Barre w/ Courtney E. 9:30am–10:30am <i>Movement Studio</i></p> <p>*\$Aqua Boot Camp w/ Teri 11am–12pm <i>Spa Lap Pool</i></p>	<p>*\$Strength, Balance & Agility w/ Meli 8am–9am <i>Fitness Lanai</i></p> <p>*\$Workshop Wednesday: Surya Namaskar (Sun Salutation) w/ Amanda 8am–9am <i>Movement Studio</i></p> <p>*\$Spine Strength & Mobility w/ Meli 9:30am–10:30am <i>Movement Studio</i></p> <p>*\$Cardio Pilates w/ Amanda 9:30am–10:30am <i>Fitness Lanai</i></p> <p>*\$Lap Swim Fitness w/ Meli 11am–12pm <i>Spa Lap Pool</i></p> <p>*\$Full Moon Restorative Yoga w/ Sienna 4pm–5:15pm <i>Movement Studio</i></p>	<p>*\$Lower Body Strength w/ Cynthia 8am–9am <i>Fitness Lanai</i></p> <p>*\$Yoga for Surfers w/ Rochelle 8am–9am <i>Movement Studio</i></p> <p>*\$TRX Strength w/ Cynthia 9:30am–10:30am <i>Fitness Lanai</i></p> <p>*\$Mat Pilates Reformed w/ Courtney E. 9:30am–10:30am <i>Movement Studio</i></p> <p>*\$Aqua Fit w/ Courtney E. 11am–12pm <i>Spa Lap Pool</i></p> <p>*\$Yin Yoga w/ Joy 4pm–5:15pm <i>Movement Studio</i></p>	<p>*\$Vinyasa Yoga w/ Amanda 8am–9am <i>Movement Studio</i></p> <p>*\$Swim Stroke Clinic w/ Alaina 9:30am–10:30am <i>Spa Lap Pool</i></p> <p>*\$Tone & Tighten w/ Amanda 9:30am–10:30am <i>Movement Studio</i></p> <p>*\$Aqua Tabata w/ Teri 11am–12pm <i>Spa Lap Pool</i></p> <p>*\$Yin Yoga & Sound Healing w/ Mary 4pm–5:15pm <i>Movement Studio</i></p>	<p>*\$Hammer Strength Training w/ Meli 8am–9am <i>Hammer Box</i></p> <p>*\$Bounce w/ The Playground 808 9:30am–10:30am <i>Movement Studio</i></p> <p>*\$Boot Camp w/ Meli 9:30am–10:30am <i>Fitness Lanai</i></p> <p>*\$Aqua Stretch, Cardio, & Core w/ Meli 11am–12pm <i>Spa Lap Pool</i></p> <p>*\$Yin Yoga w/ Joy 4pm–5:15pm <i>Movement Studio</i></p>	<p>*\$TRX Strength w/ Cynthia 9:30am–10:30am <i>Fitness Lanai</i></p> <p>*\$Slow Flow Yoga w/ Courtney M. 9:30am –10:30am <i>Movement Studio</i></p> <p>*\$Deep Stretch & Foam Roller w/ Cynthia 11am–12pm <i>Movement Studio</i></p> <p>*\$Aqua Tabata w/ Teri 11am–12pm <i>Spa Lap Pool</i></p> <p>*\$Yin Hatha Restorative Yoga Fusion w/ Joy 4pm–5:15pm <i>Movement Studio</i></p>	<p>*\$Fitness Center (Only) Open 8am–5pm</p> <p>*\$Therapeutic Yoga w/ Christina 9:30am–10:30am <i>Movement Studio</i></p>	<p>*\$Upper Body Strength Training w/ Cynthia 8am–9am <i>Fitness Lanai</i></p> <p>*\$Yoga Sculpt w/ Stefanie 8am–9am <i>Movement Studio</i></p> <p>*\$TRX & HIIT Interval Training w/ Cynthia 9:30am–10:30am <i>Fitness Lanai</i></p> <p>*\$Barre w/ Courtney E. 9:30am–10:30am <i>Movement Studio</i></p> <p>*\$Aqua Boot Camp w/ Teri 11am–12pm <i>Spa Lap Pool</i></p> <p>*\$Yin Myofascial Release w/ Mary 4pm–5:15pm <i>Movement Studio</i></p>

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8am - 8pm
Tuesday - Sunday
Closed Monday

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Daily
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*Closes at 5pm pm on
Wednesday & Saturday

'Umeke Kitchen + Bar
Breakfast: 8am - 11am
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Tuesday - Sunday
Last Seating at 8pm

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Lunch: 11am - 4:30pm
Tuesday - Sunday
Sunday Grilling: 5pm
Monday: 11am - 7pm

Makai Pools
Daily
7am - Sunset
Towel Service Begins

Hi'ilani Fitness
Monday
8am - 5pm
Tuesday - Sunday
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Golf Members Only
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