

| 3 SUNDAY | 4 MONDAY | 5 TUESDAY | 6 WEDNESDAY | 7 THURSDAY | 8 FRIDAY | 9 SATURDAY | 10 SUNDAY | 11 MONDAY | 12 TUESDAY |
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| <p>Continental Breakfast 8am - 10am Plantation House</p> <p>Keiki Shave Ice Happy Hour 12:30pm - 1:30pm Makai Grill + Bar</p> <p>*Keiki Lei Making 2:30pm - 3:30pm Plantation House</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>*Sunday Grilling 5pm - 8pm Makai Grill + Bar</p> | <p>HAPPY 4TH OF JULY!</p> <p>Golf Tee Times (Golf Members Only) 8am - 11am Golf Course</p> <p>*4th of July Summer Slam 10am - 5pm Locations Vary, For a full list of activities, please see the attached accompanying schedule.</p> <p>All Day Menu 11am - 7pm Makai Grill + Bar</p> <p>Happy Hour 4:30pm - 6pm Makai Grill + Bar</p> <p>*4th of July Burgers, Brats, Beer & Bourbon 5pm - 8pm Makai Grill + Bar</p> | <p>Golf Course Power Walk 7am Meet at Greeter Stand</p> <p>Continental Breakfast 8am - 10am Plantation House</p> <p>*Nā Mea Hawai'i, All Things Hawai'i: Pua Hulu 9am - 10:30am Plantation House</p> <p>*\$Adult Tennis Clinic 10am - 11am Tennis Courts</p> <p>*\$Golf Men's Game 11:30am Shotgun Start Golf Course \$80 Buy In</p> <p>*Bon Odori: Traditional Japanese Dance 2pm - 3pm Great Lawn</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>Member Mixer w/ Camino & Neyers Winemaker 4:30pm - 6pm Plantation House</p> | <p>Continental Breakfast 8am - 10am Plantation House</p> <p>*Paint + Sip w/ Carol Meckling: Japanese Fan 9am - 11am Plantation House</p> <p>*Pickleball Clinic for Beginners 1pm - 2pm Event Pavilion</p> <p>*Ka Hula w/ La'a 1:30pm - 2:30pm Movement Studio</p> <p>*\$Operation 36 2pm Start Golf Course</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>*Casual Wednesday Dinner 5pm - 8pm 'Umeke Kitchen + Bar</p> | <p>Continental Breakfast 8am - 10am Plantation House</p> <p>*\$Coastal Māhā'ulepū Cycle w/ Jo 9am - 11:30am Meet at Greeter Stand</p> <p>*\$Keiki Fun Farm Thursday 9am - 1pm Meet at the Farm</p> <p>*Ladies 9 Hole Stretch & Game 2pm Stretch 2:30pm Tee Time Practice Range</p> <p>*Bon Odori: Traditional Japanese Dance 2pm - 3pm Great Lawn</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>*\$Keiki Pickleball Clinic (Ages 5-8) 4:15pm - 5pm Tennis Court</p> <p>*\$Keiki Pickleball Clinic (Ages 9-14) 5pm - 6pm Tennis Court</p> <p>*\$Chef's Table 5:30pm 'Umeke Kitchen + Bar</p> | <p>Golf Course Power Walk 7am Meet at Greeter Stand</p> <p>Continental Breakfast 8am - 10am Plantation House</p> <p>*Nā Mea Hawai'i: Make + Take Ni'ihau Kipona Shell Earrings 9am - 11am Plantation House \$180/Person</p> <p>*\$Adult Live Ball Tennis Clinic 10am - 11am Tennis Court</p> <p>*Adult Golf Clinic 11am - 12pm Practice Range</p> <p>*\$Gross Skins Game 1pm Start Golf Course</p> <p>*Keiki Slime Making 2pm - 3pm Game Room</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>Chop + Stix 5pm - 8:00pm 'Umeke Kitchen + Bar</p> | <p>Continental Breakfast 8am - 10am Plantation House</p> <p>*Golf Member Skins Game 8:30am Tee Times Golf Course \$25 Buy In</p> <p>*\$Junior Golf Clinic (Ages 4-7) 10:30am - 11:30am Practice Range</p> <p>*\$Keiki Tennis Clinic (Ages 9-14) 10:30am - 11:30am Tennis Court</p> <p>*\$Junior Golf Clinic (Ages 8-14) 11:30am - 12:30pm Practice Range</p> <p>*\$Keiki Tennis Clinic (Ages 5-8) 11:30am - 12:30pm Tennis Court</p> <p>Keiki Shave Ice Happy Hour 12:30pm - 1:30pm Makai Grill + Bar</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> | <p>Continental Breakfast 8am - 10am Plantation House</p> <p>Keiki Shave Ice Happy Hour 12:30pm - 1:30pm Makai Grill + Bar</p> <p>*Keiki Lei Making 2:30pm - 3:30pm Plantation House</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>*Sunday Grilling 5pm - 8pm Makai Grill + Bar</p> | <p>Golf Tee Times (Golf Members Only) 8am - 11am Golf Course</p> <p>All Day Menu 11am - 7pm Makai Grill + Bar</p> <p>Happy Hour 4:30pm - 6pm Makai Grill + Bar</p> <p>Ala Kine Taco Bar 4:30pm - 7pm Makai Grill + Bar</p> | <p>Golf Course Power Walk 7am Meet at Greeter Stand</p> <p>Continental Breakfast 8am - 10am Plantation House</p> <p>*Nā Mea Hawai'i, All Things Hawai'i: Make + Take Kokedama 8am - 10am 'Umeke Patio</p> <p>*\$Adult Tennis Clinic 10am - 11am Tennis Courts</p> <p>*\$Golf Men's Game 11:30am Shotgun Start Golf Course \$80 Buy In</p> <p>Treat30 3:30pm - 4pm Makai Grill + Bar</p> <p>6th Annual Summer Matsuri 4:30pm - 6pm Port Cochere</p> |

HOURS OF OPERATION

The Clubhouse
8am - 8pm
Tuesday - Sunday
Closed Monday

The Farm
Daily
Opens at 7am*
*Closes at 5pm on
Wednesday & Sunday

'Umeke Kitchen + Bar
Breakfast: 8am - 11am
Tuesday - Sunday
Dinner: 5pm - 8pm
Tuesday - Saturday
Last seating at 8pm

Makai Grill + Bar
Lunch: 11am - 4:30pm
Tuesday - Sunday
Sunday Grilling: 5pm
Monday: 11am - 7pm

Makai Pools
Daily
7am - Sunset
Towel service begins
at 10:30am

Hi'ilani Fitness
Monday
8am - 5pm
Tuesday - Sunday
7am - 6pm

Hi'ilani Spa
Tuesday - Sunday
8am - 6pm

Golf Course
Golf Members
Monday, 8am - 11am
Tuesday - Sunday, 7:30am

Plantation Members & Lodge Guests
Tuesday - Friday, 12:40
Saturday & Sunday, 11:40

Golf Practice Range
Tuesday - Sunday
7:00am - 6:30pm

Golf Clubhouse
Tuesday - Sunday
7:00am - 5:30pm

*Activities and events denoted with an asterisk require an RSVP. \$Activities and events denoted with a dollar symbol have an associated cost. Activities/programs are subject to a 24-hour cancellation fee. To learn more or to make a reservation, please email memberservices@kukuiula.com (for Members) and guestservices@kukuiula.com (for Lodge Guests), or call 808-742-8000. Events and activity times are subject to changes or cancellation without notice.

HI'ILANI SPA + FITNESS

10-Day Calendar | July 3 - July 12

| 3 SUNDAY | 4 MONDAY | 5 TUESDAY | 6 WEDNESDAY | 7 THURSDAY | 8 FRIDAY | 9 SATURDAY | 10 SUNDAY | 11 MONDAY | 12 TUESDAY |
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| <p>*\$Vinyasa Yoga w/ Courtney 8am - 9am Movement Studio</p> <p>*\$TRX & Strength w/ Cynthia 9:30am - 10:30am Fitness Lānai</p> <p>*\$Slow Flow Yoga w/ Jacyn 9:30am - 10:30am Movement Studio</p> <p>*\$Deep Stretch & Foam Roller w/ Cynthia 11am - 12pm Movement Studio</p> <p>*\$Aqua Tabata w/ Teri 11am - 12pm Spa Lap Pool</p> <p>*\$Yin, Hatha, Restorative Yoga Fusion w/ Joy 4pm - 5:15pm Movement Studio</p> | <p>HAPPY 4TH OF JULY!</p> <p>Fitness Center (Only) Open 8am - 5pm</p> <p>*Therapeutic Yoga w/ Christina 9:30am - 10:30am Movement Studio</p> <p>*4th of July Summer Slam Volleyball Game 11am Volleyball Court</p> <p>*Keiki Swim Class w/ Alaina (Ages 5-14) 11am - 12pm Makai Pool</p> | <p>*\$Upper Body Strength w/ Cynthia 8am - 9am Fitness Lānai</p> <p>*\$Yoga for Core w/ Christina 8am - 9am Movement Studio</p> <p>*\$TRX & HIIT Interval Training w/ Cynthia 9:30am - 10:30am Fitness Lānai</p> <p>*\$Cardio Barre w/ Courtney 9:30am - 10:30am Movement Studio</p> <p>*\$Aqua Boot Camp w/ Teri 11am - 12pm Spa Lap Pool</p> <p>*\$Keiki Yoga w/ Cynthia (Ages 5-14) 11am - 12pm Movement Studio</p> <p>*\$Slow Flow for Detoxification w/ Jacyn 4pm - 5:15pm Movement Studio</p> | <p>*\$Strength, Balance & Agility w/ Meli 8am - 9am Fitness Lānai</p> <p>*\$Vinyasa Yoga w/ Amanda 8am - 9am Movement Studio</p> <p>*\$Spine Strength & Mobility w/ Meli 9:30am - 10:30am Movement Studio</p> <p>*\$Cardio Kickboxing w/ Amanda 9:30am - 10:30am Fitness Lānai</p> <p>*\$Aqua Cardio Tabata w/ Meli 11am - 12pm Spa Lap Pool</p> <p>*\$Summer Recess w/ Juan (Ages 5-14) 11am - 12pm Movement Studio</p> <p>*\$Healing Hatha for Digestive Health w/ Sienna 4pm - 5:15pm Movement Studio</p> | <p>*\$Lower Body Strength w/ Cynthia 8am - 9am Fitness Lānai</p> <p>*\$Hip Hop Barre w/ Brett 8am - 9am Movement Studio</p> <p>*\$Pilates with Props w/ Courtney 9:30am - 10:30am Movement Studio</p> <p>*\$TRX Strength Training w/ Cynthia 9:30am - 10:30am Fitness Lānai</p> <p>*\$Yoga for Beginners w/ Joy 11am - 12pm Fitness Lānai</p> <p>*\$Aqua Fit w/ Courtney 11am - 12pm Spa Lap Pool</p> <p>*\$Slow Flow Yoga w/ Rochelle 4pm - 5:15pm Movement Studio</p> | <p>*\$Vinyasa Yoga Detox w/ Amanda 8am - 9am Movement Studio</p> <p>*\$Fitness Foundations w/ Juan 8am - 9am Fitness Lānai</p> <p>*\$Family Friendly Fight Club w/ Julian (Ages 8-16) 9:30am - 10:30am Fitness Lānai</p> <p>*\$Power Pilates w/ Amanda 9:30am - 10:30am Movement Studio</p> <p>*\$Swim Stroke Clinic w/ Alaina 9:30am - 10:30am Spa Lap Pool</p> <p>*\$Keiki Dance w/ Amanda 11am - 12pm Movement Studio</p> <p>*\$Deep H2O w/ Teri 11am - 12pm Makai Pool</p> <p>*\$Yin Yoga & Sound Healing w/ Amanda 4pm - 5:15pm Movement Studio</p> | <p>*\$Full Body Strength Training w/ Meli 8am - 9am Fitness Lānai</p> <p>*\$Detox Vinyasa Rock n' Roll Flow w/ Sienna 9am - 10:30am Movement Studio</p> <p>*\$Boot Camp w/ Meli 9:30am - 10:45am Movement Studio</p> <p>*\$Sound Healing Journey w/ Hezar 11am - 12pm Movement Studio</p> <p>*\$Aqua Cardio Tabata w/ Meli 11am - 12pm Spa Lap Pool</p> <p>*\$Yin Yoga w/ Joy 4pm - 5:15pm Movement Studio</p> | <p>*\$Vinyasa Yoga w/ Courtney 8am - 9am Movement Studio</p> <p>*\$TRX & Strength w/ Cynthia 9:30am - 10:30am Fitness Lānai</p> <p>*\$Slow Flow Yoga w/ Christina 9:30am - 10:30am Movement Studio</p> <p>*\$Deep Stretch & Foam Roller Recovery w/ Cynthia 11am - 12pm Movement Studio</p> <p>*\$Aqua Tabata w/ Teri 11am - 12pm Spa Lap Pool</p> <p>*\$Yin, Hatha, Restorative Yoga Fusion w/ Joy 4pm - 5:15pm Movement Studio</p> | <p>Fitness Center (Only) Open 8am - 5pm</p> <p>*Therapeutic Yoga w/ Christina 9:30am - 10:30am Movement Studio</p> <p>*Keiki Swim Class w/ Alaina (Ages 5-14) 11am - 12pm Makai Pool</p> | <p>*\$Upper Body Strength w/ Cynthia 8am - 9am Fitness Lānai</p> <p>*\$Yoga for Core w/ Christina 8am - 9am Movement Studio</p> <p>*\$TRX & HIIT Interval Training w/ Cynthia 9:30am - 10:30am Fitness Lānai</p> <p>*\$Cardio Barre w/ Courtney 9:30am - 10:30am Movement Studio</p> <p>*\$Aqua Boot Camp w/ Teri 11am - 12pm Spa Lap Pool</p> <p>*\$Keiki Yoga w/ Cynthia (Ages 5-14) 11am - 12pm Movement Studio</p> <p>*\$Slow Flow Yoga w/ Jacyn 4pm - 5:15pm Movement Studio</p> |

HOURS OF OPERATION

The Clubhouse
8am - 8pm
Tuesday - Sunday
Closed Monday

The Farm
Daily
Opens at 7am*
*Closes at 5pm on
Wednesday & Sunday

'Umeke Kitchen + Bar
Breakfast: 8am - 11am
Tuesday - Sunday

Dinner: 5pm - 8pm
Tuesday - Saturday
Last seating at 8pm

Makai Grill + Bar
Lunch: 11am - 4:30pm
Tuesday - Sunday
Sunday Grilling: 5pm
Monday: 11am - 7pm

Makai Pools
Daily
7am - Sunset
Towel service begins
at 10:30am

Hi'ilani Fitness
Monday
8am - 5pm
Tuesday - Sunday
7am - 6pm

Hi'ilani Spa
Tuesday - Sunday
8am - 6pm

Golf Course
Golf Members
Monday, 8am - 11am
Tuesday - Sunday, 7:30am

Plantation Members & Lodge Guests
Tuesday - Friday, 12:40
Saturday & Sunday, 11:40

Golf Practice Range
Tuesday - Sunday
7:00am - 6:30pm

Golf Clubhouse
Tuesday - Sunday
7:00am - 5:30pm

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4th of July Summer Slam Schedule

10:00am

Self-Directed Lawn Games

- Corn Hole
- Bocce Ball
- Horse Shoes
- Croquet

Great Lawn

11:00am

DJ Begins

Makai Grill + Bar

11:00am

Family Volleyball Game

Volleyball Court

2:00pm

Pickleball Tournament

Doubles Tournament
Double Elimination Format
4 Courts Running Concurrently

Tennis Court & Event Pavilion

2:00pm

Dash & Splash Relay

Teams of 4
Paddle, Run, Paddle, Run Format
Paddlers and runners must wear a sweatshirt
and sweat pants. Three times at a time.

Makai Pool

2:00pm

Bicycle Limbo

Riders will ride smaller and smaller bikes
under a water noodle obstacle in a limbo style
bike contest.

Fitness Lānai

5:00pm

4th of July Burgers, Brats, Beer &
Bourbon

Makai Grill + Bar