Kauaʻi is home to some of the world’s most famed locales for adventure, where you can challenge your inner athlete and explorer.

Our Huakaʻi Guides are a team of experts, many of whom grew up on Kauaʻi. They can help you master a new skill or sport or discover some of the most pristine locations for adventure on Kauaʻi. Keiki enjoy supervised on-site and off-site activities tailored just for their age group. The Guides also can provide all the equipment you need—paddleboards, kayaks, snorkeling gear, mountain bikes and beach cruisers—to set off on your own family adventure. To explore the thrilling coastline and Kauaʻi’s remarkable undersea environment, Kukui`ula's 32-foot Yellowfin boat, the Māhealani, is available for private charter. And each week, the Guides run a full calendar of planned activities, in addition to creating one-of-a-kind custom experiences.

The formal listings and offerings included here are a starting point for what's possible. In addition, on Tuesdays, Wednesdays and Sundays, the Huakaʻi Guides arrange outings to Kukuiʻula Bay and The Farm with all equipment, activities and on-site instruction included.

And then there’s the Huakaʻi Outfitters rule of thumb: If there’s something you want to do or try, just ask.
Hikes & Excursions

One of the best ways to explore Kaua‘i’s many scenic locales is by foot or bike. Set off for a hike on your own, or allow our Huaka‘i Guides to plan and lead you on the adventure of a lifetime.

Guided South Side Hike: Explore the oceanside cliffs, white sand beaches and stories of Kōloa’s sugar-era history right in Kukui‘ula’s sunny backyard. $50 per person.

Guided Kōke‘e Hike: A daylong adventure hiking the mountain trails of Kōke‘e State Park. Terrain difficulty and trail length varies. Views include tropical rain forests, canyon rims, sheer cliff sides and ocean panoramas. $185 per person, 2 person minimum.

Guided East Side Hike: Half-day excursions to hike, bike or run some of our favorite east-side trails including Kuilau, Moalepe, and Nounou, otherwise known as Sleeping Giant. These lush trails are family friendly and can be made more challenging for more active hikers. $115 per person, 2 person minimum.

A`epō`ēha Hike: An easy 3-mile hike around The Farm also can include fishing for peacock bass. $30 per person.

Guided A`epō`ēha Bass Fishing: While at The Farm, untie a rowboat or kayak and paddle out on the lake to fish for peacock bass. Live bait and all fishing equipment are available. $45 per person.

Mountain Biking: Trips can stay close to home on tracks around The Farm, or head out to locations on the west and east sides of the island. $135 per person.

Guided Custom Keiki Adventure: Create a custom day for your keiki with activities like peacock bass fishing at The Farm, Slip N’ Sliding, kite flying, swimming, surf lessons, and much more. Cost varies, four hours maximum. (Keiki must be at least 5 years old)

Cancellation policy: All activities are seasonal and subject to weather conditions. Please provide 24 hours notice if you must cancel or change a reservation. Without notification you will be charged in full.
MĀHEALANI CRUISES & CHARTERS

Much of Kaua‘i’s stunning coastline is only accessible by water. On our 32-foot Yellowfin boat, you can explore the wonder of the Nā Pali Coast, snorkel in aquamarine bays on the South Shore, or fish using the custom-made rods of a Kaua‘i master fisherman. If you’re lucky, you’ll encounter ocean wildlife such as sea turtles, dolphins and, in the winter, humpback whales.

Custom Excursion
- Craft your own itinerary for a custom adventure
- Half-day and full-day excursions
  
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<th>Members: $1,125</th>
<th>Lodge Guests: $1,500</th>
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<td>Full day</td>
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<td>Half day</td>
<td>Members: $800</td>
<td>Lodge Guests: $1,050</td>
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Nā Pali/North Shore Holoholo
- Full-day excursion (May - August only)
- Snorkeling
- Trolling during runs with whipping, if conditions are calm.
  
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<th>Members: $1,500</th>
<th>Lodge Guests: $2,000</th>
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Whale Watching
- Half-day excursion (December-early April only)
  
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<th>Members: $800</th>
<th>Lodge Guests: $1,050</th>
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Escort
- Outrigger canoe escort
- Half-day excursion: Nāwiliwili to Kukui‘ula Bay or Port Allen/Glass Beach
  
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Snacks, soft drinks, fishing equipment, towels, sunscreen and snorkeling equipment provided. A Māhealani food menu created by our culinary team is available for orders upon request.

Limit of 6 guests per charter, must be 8 years old or older. Please disclose all medical or other concerns at the time of booking. Bookings must be made at least 24 hours in advance. The captain and crew will review the weather and ocean conditions on the morning of the excursion to ensure the safety and enjoyment of the guests. There is no charge for cancellations due to weather or ocean conditions.

Cancellation policy: All activities are seasonal and subject to weather conditions. Please provide 72 hours notice if you must cancel or change a reservation. Without notification you will be charged in full.
The first sailing canoes emerged in ancient Polynesia over 1,000 years ago. The canoes were built from island materials, and the sails were made from plaited leaves. The manned paddled sailing canoes explored the vast Pacific Ocean. The tradition of canoe sailing is very much alive in the Hawaiian Islands and especially here at Kukui‘ula.

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**One-Hour Rides**

*Conditions permitting - 5 passengers maximum*

Traverse the South Shore waves on Kailele, our stunning sailing canoe. Excursions depart from Kukui‘ula Harbor. Minimum age is 5 years old.

Members $82.50  |  Lodge Guests: $110 per person

Limit of 5 guests per charter, must be 5 years old or older. Please disclose all medical or other concerns at the time of booking. Bookings must be made at least 24 hours in advance. The captain and crew will review the weather and ocean conditions on the morning of the excursion to ensure the safety and enjoyment of the guests. There is no charge for cancellations due to weather or ocean conditions.

*Cancellation policy: All activities are seasonal and subject to weather conditions. Please provide 24 hours notice if you must cancel or change a reservation. Without notification you will be charged in full.*
The extensive grounds of Hi`ilani Spa + Fitness welcome guests with lush meditation gardens and a secluded adult lap pool. Private men’s and women’s locker rooms and lounges include outdoor showers, steam and sauna rooms, and hot and cold plunge pools.

Begin your spa experience with the signature guided Wet Ritual, designed to refresh, rejuvenate and prepare you for the rest of your day. Book massage, acupuncture and aesthetician services at the Spa Boutique, where you’ll also find a curated selection of beauty lines and products. Within the walls of the spa grounds, fitness facilities include a movement studio where a wide range of exercise classes are held—including yoga, Pilates and circuit training—plus the climate-controlled fitness center featuring state-of-the-art equipment. Personal training by members of the fitness staff is available upon request. Inquire at the Spa Boutique.

Hi`ilani Spa + Fitness is open to Members and Guests 16 years and older. Children under the age of 16 are not permitted in the fitness center. In the spa, children younger than 16 must be accompanied by an adult 21 years or older on a one-to-one basis. Age restrictions apply to select services.

Services that are considered heat treatments are not recommended for guests who have heart conditions, heat sensitivity or are pregnant.

As a courtesy, please give us 24 hours notice if you must cancel or change an appointment. Without this notification you will be charged in full. A standard 20 percent service fee is automatically added to your charges for any service.

Blackout periods for unaccompanied guests of Members apply. In consideration of other guests, we ask that all cellular phones and pagers be turned off while at the spa.
HI`ILANI SPA TREATMENTS

Discover signature offerings inspired by Hawaiian traditions and incorporating organic botanicals from The Spa’s own garden. 60 min.: $185 | 90 min.: $280 | 120 min.: $370

Signature Wet Ritual
Kukui‘ula’s complimentary Wet Ritual is an invigorating and rejuvenating experience that includes the dry sauna, cold deluge showers and wet steam with our signature scrub, culminating with dips between the hot tub and cold plunge. Our Members and Guests swear it’s the best anecdote for jet lag. Available daily from 10:00 a.m. - 3:00 p.m.

Massage
- Custom
- Deep Tissue
- Lomilomi
- Hot Stone (90 or 120 min.)
- Aromatherapy
- Couples
- Hydrotherapy (90 or 120 min.)
- Thai (90 or 120 min.)
- Hāpai (Pregnancy Massage)
- Sports/Golfer’s Massage
- Shiatsu
- Reflexology (60 or 90 min.)
- Four Hands (90 or 120 min.)
- Acupuncture

Body Treatments
- Hand and Foot Treatment (60 or 90 min.)
- Exfoliating Scrub (30 min.; add-on only)
- Scrub, Masque and Massage (90 or 120 min.)

Skin Care
- Custom-Designed Facial
- Honua Lomilomi Facial
- Anti-Aging Facial
- Clarifying Facial
- Brightening Facial
- Men’s Facial
- Youth Facial (60 or 90 min.)
Power Aqua Class: A full-body workout improves cardiovascular fitness and strength. This low-impact water workout is easy on joints.

Aqua Boot Camp: Takes Power Aqua to a new level. An intermediate to advanced water workout.

Ashtanga – Basics: A foundational class for beginners new to Ashtanga yoga. All ability levels welcome.

Ashtanga – Improv: Creative flow class that draws from the Ashtanga yoga system. All ability levels welcome.

Ashtanga – Vinyasa: A challenging class of deep twists and fluid vinyasa following the Ashtanga primary series. Yoga experience recommended.

Barre Above: Blends effective moves from ballet, strength training, yoga and Pilates. All ability levels welcome.

Barre Method: Fun, low-impact workout that incorporates movements from yoga, Pilates and ballet. All ability levels welcome.

Full-Body Strength: Circuit class using timed segments of strength training to work every major muscle group. Easily modified for all levels.

Hatha Yoga – Flow: Movements through asanas with sun salutations, warrior poses and floor stretching. Yoga experience recommended.

Beginners Swimming: Learn safety, survival and skills while developing your strokes to swim confidently and efficiently. Customizable.

Fitness Swimming: Improve and refine your strokes for greater power and smoothness while building endurance. Customizable.

Light Functional Circuit: Improves movement patterns that allow for effective performance of daily activities. A less intense experience.

Pilates: Alignment, breathing and core strengthening enhances flexibility, strength and endurance. Customizable, all levels welcome.

Posterior Chain Functional Circuit: Focuses on neglected muscles of the backside, which can create imbalances that can lead to injury. All ability levels are welcome.

Shoulder & T-Spine Performance Therapy: Trigger point work, muscle lengthening and integrated movements improve shoulder health and unlocking the thoracic spine. Limited to 10, all fitness levels welcome.

Strength, Balance & Agility: A full-body workout incorporating equipment that improves body awareness, alignment and strength. Easily modified for all fitness levels.

Tabata Circuit: High-intensity interval training alternating extreme exercise with rest to build endurance, torch calories and strengthen the body. Highly demanding.

Yin Yoga: Held postures targeting the connective tissue of the lower back, hips and hamstrings. For beginners as well as athletes.
GOLF

Tom Weiskopf designed the spectacular 18-hole golf course that Golf Digest called “One of the best courses in Hawai`i.” The course winds through 216 acres of undulating terrain, orchards, gardens and native landscape. Among members, the challenging 14th hole, sometimes described as “a quintessential Weiskopf par 4,” has become legendary—and not just because of its dramatic ocean views, occasionally populated by spinner dolphins and humpback whales.

The golf clubhouse includes a pro shop, lounges and locker rooms. The practice facility includes a double-sided driving range as well as two practice greens. Once on the course, players have their choice to ride in a golf cart or surf the turf on a golf board.

In addition, we offer a number of exciting golf events throughout the year, from tournaments, to complimentary golf clinics to individual practice opportunities with our golf professionals.
**Golf**

**Greens Fees**
- Golf Member .............................................. $0
- Golf Member Guest ..................................... $45
- Golf Member Ohana ..................................... $0
- Golf Member Ohana ..................................... $45
- Unaccompanied Junior Golf (17 and under) ........ $25
- Unaccompanied Guest .................................. $183
- Plantation Member ....................................... $108
- Plantation Member Guest ................................. $133
- Plantation Member ....................................... $108
- Ohana
  - Plantation Member .................................... $133
  - Ohana Unaccompanied ................................ $228
  - Lodge Guests ........................................... $228
  - Practice Range .......................................... $25
  - Free with Play (Plantation Members and Lodge Guests)
    - Plantation Member ................................... $183
    - Guest Unaccompanied ................................ $133
    - Golf Member Guest ................................. $108

**Cart Fees**
- Member Cart Fees ....................................... $17
- Golf Board Fees .......................................... $25
- Lodge Guests Cart Fee ................................. $22

**Clinics**
- Adult Clinics
  - Mondays 9:00 a.m. - 10:00 a.m.
  - Tuesdays 11:00 a.m. - 12:00 p.m.
  - Fridays 10:00 a.m. - 11:00 a.m.
- Junior Clinics (ages 7-13)
  - Saturdays 10:00 a.m. - 11:00 a.m.
- Junior Clinics (ages 4-6)
  - Saturdays 11:00 a.m. - noon

**Specialty Services**
- Private golf instruction
  - $85 per hour
  - $45 per half-hour
- Complimentary club fittings – call for appointment

**Cancellation policy:** As a courtesy, please give us 24 hours’ notice if you must cancel or change a tee time or appointment. Without this notification you may be charged in full.
More than 300 days of sun, temperate breezes and beautiful tennis courts make for an ideal match. Attend a private lesson or group clinic with our tennis pros or try an exciting game of beach tennis or pickleball. Ask the tennis pros or Huaka’i staff about set up, game matching and play for any racquet sports.

**Tennis:** Play our two beautiful Rebound Ace tennis courts with private lessons, clinics and available court times.

**Pickleball:** Pickleball is a paddle sport that combines elements of badminton, tennis and table tennis. Usually set up at the Event Pavilion, this growing sport is great for all skill levels.

**Beach Tennis:** Beach tennis is a paddle sport that combines tennis, badminton and volleyball and is played on our beach volleyball court. Suitable for all ages and skill levels.

**Table Tennis:** Put your ping pong skills to the test. Suitable for all ages and skill levels.

**Daily Rates**
Members: Free | Lodge Guests: $10 per person
Daily court fee allows all-day play with 1.5-hour time slots for singles and 2-hour slots for doubles.

**Private Lessons** (Cost per person)
One player: $85  Two players: $45
Three players: $35  Four or more players: $30

**Tennis Ball Machine** (Cost per person)
Members: Free | Lodge Guests: $45

**Beginner/Intermediate Clinic**
Monday | 10:00 a.m. - 11:00 a.m.
Designed for beginners or those looking to improve on game fundamentals and technique.

**Drills Clinic**
Friday | 9:00 a.m. - 10:00 a.m.
Designed for players looking to get their tennis fix. The teaching pro will run through a variety of different drills. Prior tennis experience required.

**Junior Clinic**
Saturday | 10:00 a.m. - 10:45 a.m.
(Ages 4-7): This fun, 45-minute class offers exercises for creating early muscle memory so your child learns the correct swing and footwork.
Saturday | 11:00 a.m. - 12:00 p.m.
(Ages 8-13): This fun, 1-hour session focuses on stroke production, footwork and live ball drills that help develop the complete tennis player.

**Clinic Rates**
Members: Free | Lodge Guests: $20
Schedules subject to change.